

## Why get the vaccine?



**The vaccine will make your body stronger to fight COVID.**

You cannot get COVID from the vaccine.



**A vaccine is prevention.** It protects you from getting sick.



**You get a vaccine** by getting a shot in your arm from a health care provider.

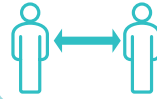
## The best way we can beat the virus



**Get a vaccine**



**Wear a face mask**



**Stay 6 feet apart**



**Wash hands**



**Avoid large gatherings**

## What to expect



**Everyone will be observed for 15–30 minutes after vaccination.** Your vaccine provider will want to make sure you're feeling okay.



**For the Pfizer and Moderna vaccines, you will need to get two shots.** You get the second shot 3 or 4 weeks after you get the first one. It is important for you to get both shots for the vaccine to work.



**The Johnson & Johnson vaccine requires only one shot.**

**You will be informed which vaccine you receive** and what follow-up, if any, you need to have. You are considered fully vaccinated 2 weeks after you get your final vaccine.

## After you get the shot



Your arm may be sore where you got the shot.



You may feel tired



Have a headache



Fever or Chills (less common)

**This doesn't mean you are sick. It means the vaccine is working to keep your body healthy.**

## The vaccine is safe and free for everyone



**All three authorized vaccines are safe.** The vaccines have been tested to make sure they are safe and effective.

**The vaccine does not change your DNA and does not contain any animal materials.** The Johnson & Johnson vaccine uses a virus that makes us develop immunity to COVID-19. Producing this vaccine virus requires the use of cells grown in laboratories from cells taken from fetal tissue many years ago. The vaccine does not contain fetal cells.

**COVID-19 vaccines don't contain a microchip to track people.** Vaccine shipping boxes are tracked, as any other shipment, to make sure they're distributed where needed and to prevent theft. There is also a record of where you got your vaccine to make sure you get all your doses.



**The vaccine is free for everyone in Oregon.** You will not be charged for the appointment or the vaccine.

Everyone in Oregon who is eligible can get the vaccine and it will not affect your immigration status.

## Do I need proof of eligibility or identification?



You do **NOT** need to bring proof of eligibility or identification. Vaccine providers may ask you if you live in Oregon or what kind of work you do.

You do **NOT** need a social security number.

You do **NOT** need health insurance.

## For more information

Go to [covidvaccine.oregon.gov](https://covidvaccine.oregon.gov) (English) or [vacunacovid.oregon.gov](https://vacunacovid.oregon.gov) (Spanish). Call 211 for additional languages. 211 is the state's COVID-19 vaccine hotline. Call volumes may be higher than normal.

### Get Vaccinated Oregon

<https://getvaccinated.oregon.gov/#/>

### Text ORCOVID to 898211

(English and Spanish only)

### Email [ORCOVID@211info.org](mailto:ORCOVID@211info.org)

(language assistance available).

### Call 211, toll free 1-866-698-6155, 711 TTY

(open from 6 a.m. to 7 p.m. daily, including holidays).



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