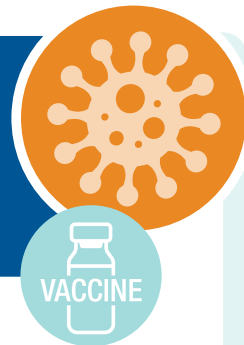


COVID-19 Vaccines and Safety: Understanding Benefits and Risks



Johnson & Johnson vaccine: Benefits versus risk

✔ Benefits

- Single-dose vaccine
- Very good at preventing hospitalization and death from COVID-19
- Prevents kidney failure, heart failure, lung disease, clots and other long-lasting effects from COVID-19
- Option for people who are allergic to mRNA vaccines and cannot get the second dose of their mRNA series

⚠ Risk

- Low risk of getting a type of clotting disorder. Has happened in about 3 out of every million people vaccinated.
- Risk higher in females ages 18-49: **8.8 in every 1 million** in this age group

Ways to think about this risk

Clot risk from
Johnson & Johnson

3 people per million

Clot risk from
COVID-19

over 2500x greater

After strict checks, safety experts decided the vaccine's benefits outweigh the very rare risk.

I got a Johnson & Johnson vaccine. Will I get a clot?

Remember, your risk is very low. In the three weeks after your shot, talk to your healthcare provider if you have:

- New headache (much worse than your usual)
- Shortness of breath
- New bruising
- Chest pain or pressure
- New or bad back pain
- Small red or brown spots on hands and shins
- Abdominal pain



Your healthcare provider may tell you to seek emergency treatment.

Rare side effects: All vaccines

- Severe allergic reaction or anaphylaxis, difficulty breathing, swollen throat, is a rare side effect of all COVID-19 vaccines. You will be observed for 15-30 minutes after vaccination, so that vaccine providers can make sure you're feeling ok.
- Before you get your shot, tell your vaccine provider if you are allergic to any food or medicines.
- Through the safety reporting system, we know that the nationwide incidence is about 2-5 in a million with the Pfizer and Moderna vaccines. In Oregon, based on hospitalization data, it happens in 10 in every million. We don't have data yet for Johnson & Johnson.