



COVID-19 testing information

If you have [symptoms of COVID-19](#) or if you were in close contact with someone with COVID-19 within the past 14 days, you should get tested regardless of your vaccination status. **Close contact** means being within six feet of someone for 15 minutes or more during the course of a day, with or without a mask or face covering.

Q: How much will a COVID-19 test cost?

- **Oregon Health Plan (OHP)** – If you have [OHP coverage](#), testing will be free. Learn more about OHP at [ONE.Oregon.gov](#).
- **Individual and group health insurance** – Most health insurance companies will waive co-payments, co-insurance, and deductibles for symptomatic COVID-19 testing. If you have questions about your health insurance coverage, contact your health insurance provider. Visit the [Division of Financial Regulation's insurance coverage for COVID-19 testing page](#) at [dfr.oregon.gov](#) for more information.
- **Free community testing events** – Visit [DoINeedA Covid19Test.com](#) to search for testing events throughout Oregon.

Q: If I've been fully vaccinated, should I still get tested?

While breakthrough cases are uncommon, fully vaccinated individuals should still get tested if they have [symptoms of COVID-19](#). If you were in close contact with someone with COVID-19 within the past 14 days, you should also get tested. Fully vaccinated people may still be able to transmit the virus to others so it's important to get tested.

Q: When should I get tested?

If you are getting tested because you have symptoms and had close contact with someone who has COVID-19 within the past 14 days, it's best to wait 3-5 days **after** you were together before taking a test. The test is less accurate if you get tested too soon. Even if you are fully vaccinated, you should stay home and away from others while you wait.

Q: How can I find a testing site?

- **Have insurance?** Contact your health care provider to find a testing site near you. Most insurance providers cover the costs of symptomatic COVID-19 testing and associated care.
- **Use the searchable map** at <https://govstatus.egov.com/or-oha-covid-19-testing> to find a testing site near you.
- **Search for a free community testing event.** Visit [DoINeedACovid19Test.com](https://DoINeedA Covid19Test.com) to search for testing events throughout Oregon. You'll need to click "Register" and create a new user account if it is your first time using the site. Once your account is created, you can schedule an appointment at one of the featured events. After you attend your event, you can then access your account to review your test results.
- **Call 211** for help finding a testing site near you.

Always call first before visiting a testing site to determine availability of appointments and cost.

Please do not visit an emergency department for testing unless your symptoms require urgent evaluation. Our emergency departments are under significant strain because of the current surge in COVID-19.

Q: What kind of information is collected in order to get a test? Is that information shared with anyone?

The test administrator will collect health and personal information from you. That information and the results of the test are collected by Oregon Public Health Division and are confidential. Positive test results are reported to public health for follow-up.

Q: What happens if I test positive for COVID-19?

Your health care provider and public health staff will give you information about how to prevent spreading the virus to your family and friends. You will need to isolate yourself from other people for as long as public health guidance instructs. The SafeStrongOregon.org website contains culturally relevant information in 12 languages, including resources for housing, food, health care, mental health care, and financial support while in quarantine.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or COVID19.LanguageAccess@dhsoha.state.or.us.