Instructions for filling out the COVID-19 Medical Exception Request Form and the COVID-19 Religious Exception Request Form

Healthcare providers and staff in healthcare settings and teachers, school staff, school-based program staff and volunteers are required to be fully vaccinated or request a medical or religious exception by October 18, 2021. Vaccination requirements can be found in the following Oregon Administrative Rules:

- OAR 333-019-1030, COVID-19 Vaccination Requirements for Teachers and School Staff

Click on the links above to read the entire rule.

Individuals seeking an exception from the COVID-19 vaccination requirement are required to fill out and submit to their employer a request for an exception using an exception request form. It is possible an employer will have additional steps for requesting an exception or additional measures required in connection with exceptions.

Instructions for filling out an exception request

- Download or print the form for the type of exception (medical or religious) you are requesting.
- Fill out the form.
- If you are requesting a medical exception, your healthcare provider must fill out and certify your exception request as well.
- Talk to your employer about any additional requirements or interactive process steps they may have relating to an exception request.
- Sign the form using an e-signature or wet signature.
- Give the form to your employer for review and recordkeeping.

Please note that in connection with your exception request, you may be required by your employer or other responsible party to take additional steps to protect you and others from contracting and spreading COVID-19. Workplaces are not required to provide an exception accommodation if doing so would pose a direct threat to the excepted individual or others in the workplace or would create an undue hardship.
- Your employer is required to maintain the documentation for at least two years and provide it to the Oregon Health Authority upon request.

DO NOT SEND YOUR EXCEPTION REQUEST FORMS TO THE OREGON HEALTH AUTHORITY.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or COVID19.LanguageAccess@dhsoha.state.or.us.