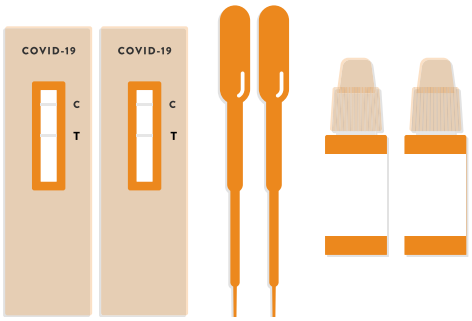
Translations for COVID-19 at-home test kit flyer.

Oregon Health Authority

COVID-19 at-home test kit



Each COVID-19 test kit contains two rapid antigen tests which will give you results in 15 minutes.

Who can use the test?

Tests can be used on anyone 2 years and older. Adults must perform the test for children under 15 years.

Do not use the test on children younger than 2 years.

When should I test?

I have COVID-19-like symptoms – fever, cough, shortness of breath, muscle pain, headache, new loss of taste/smell, sore throat, runny nose, congestion.

Test within 7 days of feeling sick. If the first test is negative and symptoms are not improving, repeat the test after 1–2 days.

I was exposed to someone with COVID-19 — I was within 6 feet of someone with COVID-19 for at least 15 minutes.

Test 5 days after exposure.

When does my test expire?

In March, the FDA granted a three-month extension for all iHealth COVID-19 Antigen Rapid Tests with expiration dates on or before 2022-09-29 (YYYY-MM-DD). Example: If the expiration date printed on your box says 2022-05-21 (YYYY-MM-DD), the updated expiration date is 2022-08-21 (YYYY-MM-DD).
For more information, https://ihealthlabs.com/pages/news#expiration.

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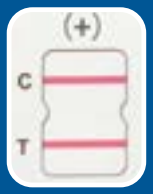
What do I do if the test is positive?

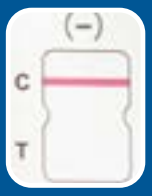


A positive test will show a C line and a T line. Please note that the T line may be faint.

You should stay home and stay away from other people, including your family, for at least five days. If you have symptoms, you should isolate until 24 hours after your symptoms go away without the help of medication.

For assistance, go to Oregon.gov/positivecovidtest. Or call **866-917-8881**, M–F from 8am to 6pm and Saturday, 10am to 4pm.

What do I do if the test is negative?



A negative result will show only a C line.

Continue to practice safe behavior like wearing a mask, washing hands, and staying at least 6 feet away from other people. If symptoms are not improving, continue to isolate and test again in 1–2 days.

Do I need to report my test results?

No, you do not need to report your test results. If you need assistance, go to Oregon.gov/positivecovidtest. Or call 866-917-8881, M–F from 8am to 6pm and Saturday, 10am to 4pm.

How effective is the test?

False negative results are common. A negative result does not mean that an individual is not infected with COVID-19.

How should I dispose of these tests?

Used tests may be put in the regular garbage.

For more information, https://govstatus.egov.com/or-oha-covid-19-testing

For more information on iHealth Antigen Rapid Tests, visit https://ihealthlabs.com/es/pages/ihealth-covid-19-antigen-rapid-test-details.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the COVID-19 Communications Unit at 1-971-673-2411, 711 TTY or COVID19.LanguageAccess@dhsoha.state.or.us

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