Translations for COVID-19 at-home test kit flyer.

Oregon **Health** Authority

COVID-19 at-home test kit
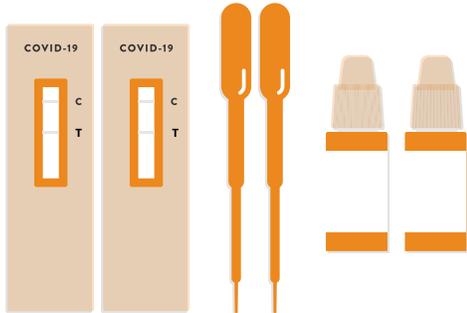
Each COVID-19 test kit contains two rapid antigen tests which will give you results in 15 minutes.

Who can use the test?

Tests can be used on anyone 2 years and older. Adults must perform the test for children under 15 years.

Do not use the test on children younger than 2 years.

When should I test?

I have COVID-19-like symptoms – fever, cough, shortness of breath, muscle pain, headache, new loss of taste/smell, sore throat, runny nose, congestion.

→ Test within 7 days of feeling sick. If the first test is negative and symptoms are not improving, repeat the test after 1–2 days.

I was exposed to someone with COVID-19 — I was within 6 feet of someone with COVID-19 for at least 15 minutes.

→ Test 5 days after exposure.

Can I take a test if I feel healthy and haven't been exposed?

No, these tests do not work well if you do not have symptoms or a known exposure. COVID-19 tests are in extremely short supply—please use these tests only if you don't feel well or if you know you've been exposed.

What do I do if the test is positive?

A positive test will show a C line and a T line. Please note that the T line may be faint.
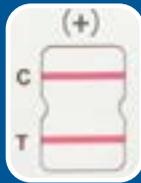
You should stay home and stay away from other people, including your family, for at least five days. If you have symptoms, you should isolate until 24 hours after your symptoms go away without the help of medication.

For assistance, go to Oregon.gov/positivecovidtest. Or call **866-917-8881**, M–F from 8am to 6pm and Saturday, 10am to 4pm.

What do I do if the test is negative?

A negative result will show only a C line.

Continue to practice safe behavior like wearing a mask, washing hands, and staying at least 6 feet away from other people. If symptoms are not improving, continue to isolate and test again in 1–2 days.

Do I need to report my test results?

No, you do not need to report your test results. If you need assistance, go to Oregon.gov/positivecovidtest. Or call 866-917-8881, M–F from 8am to 6pm and Saturday, 10am to 4pm.

How effective is the test?

False negative results are common. A negative result does not mean that an individual is not infected with COVID-19.

How should I dispose of these tests?

Used tests may be put in the regular garbage.

For more information, https://govstatus.egov.com/or-oha-covid-19-testing

For more information on iHealth Antigen Rapid Tests, visit
https://ihealthlabs.com/es/pages/ihealth-covid-19-antigen-rapid-test-details.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the COVID-19 Communications Unit at 1-971-673-2411, 711 TTY or COVID19.LanguageAccess@dhsoha.state.or.us