

Oregon Psilocybin Services

What is psilocybin?

Psilocybin is a naturally occurring psychedelic compound. It is found in over 200 species of fungi (mushrooms). For centuries Indigenous and Tribal communities around the world have used psilocybin for spiritual, ceremonial and other purposes.

Psilocybin services will soon be an option in Oregon. However, psilocybin is still a Schedule I substance under the Federal Controlled Substances Act.

What are the benefits of psilocybin?

Research suggests psilocybin may help address depression, anxiety, trauma and addiction. Studies have also found it can increase spiritual well-being.

To learn more about the research on psilocybin benefits and risks, see the [2021 Oregon Psilocybin Advisory Board Rapid Evidence Review](#). It is available in English and Spanish.

What are psilocybin services?

In Oregon, “psilocybin services” refers to preparation, administration and integration sessions provided by a licensed facilitator.

The psilocybin products consumed must be cultivated or produced by a licensed psilocybin manufacturer and may only be provided to a client at a licensed psilocybin service center during an administration session.

Psilocybin services will be available to people age 21 or older and will not require a prescription or medical referral. People accessing psilocybin services are called “clients”.



The Oregon Psilocybin Services Act

Ballot Measure 109 (M109) is also known as the Oregon Psilocybin Services Act. It was voted into law by Oregonians in November 2020. It is codified in [Oregon Revised Statutes in ORS 475A](#). M109 directs Oregon Health Authority (OHA) to license and regulate psilocybin products and the provision of psilocybin services.

Oregon is the first state in the U.S. to create a regulatory framework for psilocybin services.

The Oregon Psilocybin Services Section

The two-year development period for psilocybin services is from January 1, 2021 to December 31, 2022. During this time [Oregon Psilocybin Services \(OPS\)](#) is working with the Oregon Psilocybin Advisory Board and rulemaking advisory committees (RACs) to make rules for psilocybin products and services. All rules must be in place by December 31, 2022. The section will begin taking license applications on Jan. 2, 2023.

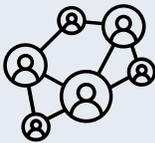
How a client will access psilocybin services



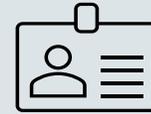
1. Preparation session: [The client](#) meets with a licensed facilitator for a preparation session.



2. Administration session: The client consumes the product at the service center and begins their session with a licensed facilitator.



3. Integration session: The client can take part in an optional session to follow up with a licensed facilitator and learn about additional peer support and other resources.



To provide these services, a [licensed facilitator](#) must complete:

- A training program with curriculum approved by OPS
- An exam administered by OPS, and
- All other license requirements.

How psilocybin products will get to a service center

1. Psilocybin products are cultivated, produced and/or processed by a [licensed manufacturer](#). They are tracked in a product tracking system.



2. The products are tested by a [licensed testing laboratory](#). The lab must be accredited by the Oregon Environmental Laboratory Accreditation Program (ORELAP). The test results are entered into the product tracking system.



3. The products are sold or transferred from a licensed manufacturer to a [licensed service center](#). This is tracked in the product tracking system.

