

What you need to know about your medicine for latent tuberculosis (TB) infection

ISONIAZID

You have been given medicine to treat your latent TB infection. You do not have TB disease and cannot spread TB to others. This medicine is to **PREVENT** you from getting TB disease.

While on this medicine:

- Tell your doctor or nurse if you have questions or concerns about the medicine.
- Go to your clinic visits.
- Discuss any alcohol use with your doctor or nurse. It is best to not drink alcohol while taking this medication.
- Tell your doctor or nurse about all other medicines you are taking.
- Be sure to tell your other doctors that you are being treated for latent TB infection.
- Take all of your medicine as you were told by your TB doctor or nurse.
- Some people find it is better to take the medication with food.

Tips to help you take your medicine:

- ✓ Take your medicine at the same time every day.
- ✓ Set an alarm reminder for the time you should take your medicine.
- ✓ Ask a family member or friend to remind you.
- ✓ Use a pillbox.
- ✓ Put a reminder note on your mirror or refrigerator.
- ✓ Use a calendar to check off the day when you take your medicine.

Latent TB infection medicine schedule:

(Providers: Indicate the appropriate schedule, days and number of pills)

Medicine	Schedule	Days	Number of pills per day	Length of time
Isoniazid	Daily	Every day		9 months

Your doctor may have you take vitamin B6 with your medicine.

IF YOU FORGET TO TAKE YOUR MEDICINE: If it is still the same day, take the dose as soon as you remember. If the day has passed, skip the missed dose and take your next scheduled dose — do not take 2 doses at the same time.

Notes

Name of my doctor:

Name of my clinic:

Telephone number of my clinic:



Watch for these possible problems:

STOP taking your medicine right away **AND** call your TB doctor or nurse if you have any of the problems below:

- Less appetite, or no appetite for food
- An upset stomach or stomach cramps
- Nausea or vomiting
- Cola-colored urine or light stools
- Rash or itching
- Yellowing skin or eyes
- Tingling or numbness in your hands or feet