

PUAS RAUG KEV PUAS TSUAJ LOS NTAWM HLUAV TAWS KUB HAV ZOOV?

Feem saib xyuas kev tswj (siv thiab ua raws) txoj cai lij choj hauv lub zej zos tawm lus txib kom sawv daws khiav tawm, tab sis nws yeej muaj ntau cov kauj ruam uas koj muaj peev xwm ua tau txhawm rau npaj koj tus kheej thiab koj tsev neeg nyob rau txhua them ntawm kev khiav tawm ntawd.

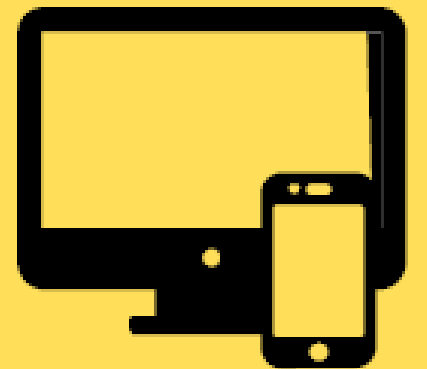
THEEM 1: NPAJ KOM TXHIJ

Npaj koj tus kheej, ntsuam xyuas qhov zwj ceeb (xwm txheej), ntim koj cov ntaub ntawv tseem ceeb thiab cov khoom muaj nuj nqis.



THEEM 2: NPAJ SAWV TOS

Npaj sawv tos yuav khiav tawm thaum lub sij hawm muaj kev ceeb toom qhia paub.



THEEM 3: MUS!

Tawm mus kiag tam sim ntawd!

