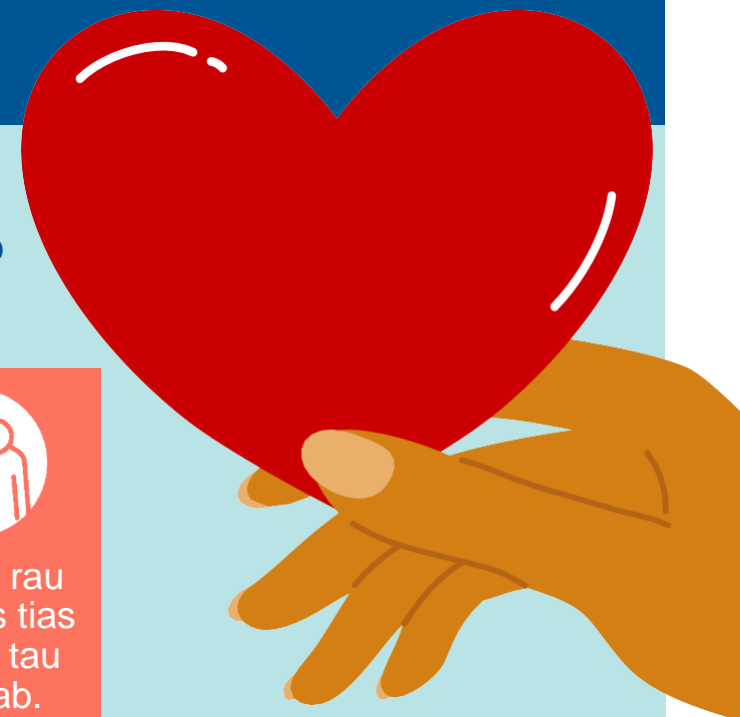


Cov hnuab so hauj lwm puas yog ib qho nyuaj rau koj?

Yog hais tias koj pom tau tias nws nyuaj yuav lom zem nyob rau cov hnuab so hauj lwm, koj tsis yog nyob ib leeg xwb. Ntawm no yog qee cov hau kev los mus pab txhawb nqa koj txoj kev noj qab haus huv fab kev puas siab puas ntsws thiab fab siab ntsws kev xav.



Ua yam uas zoo tshaj plaws rau koj thiab koj tsev neeg xwb.



Teeb tsim cov kev cia siab npaj tseg thiab cov nrim teb nrim chaw raws li qhov muaj tseeb tiag.



Lees paub thiab hwm koj cov kev xav.



Xyaum ua kev saib xyuas tus kheej.



Tiv tauj rau yog hais tias koj xav tau kev pab.

KOOM HAUM TSIM COV KAB KE RAU KEV UA LUB NEEJ NYOB (LINES FOR LIFE) linesforlife.org | XYUAS NYAB XEEB + MUAJ ZOG (SAFE + STRONG) safestrongoregon.org

KOOM HAUM SAIB



Kev muaj peev xwm nkag cuag tau rau daim ntaub ntawv: Rau cov tib neeg uas muaj kev xiam oob qhab los sis cov tib neeg uas hais tau ib hom lus uas tsis yog Lus As Kiv, Lub Oos Kas Saib Xyuas Kev Noj Qab Haus Huv Hauv Xeev Oregon (Oregon Health Authority, OHA) muaj peev xwm muab tau cov lus qhia paub sau ua lwm hom ntaub ntawv xws li muab txhais ua lwm hom lus, muab sau ua tus tsiaj ntawv loj, los sis muab sau ua cov ntawv su uas cov neeg tsis pom kev siv tau. Tiv tauj rau Feem Saib Xyuas Hauj Lwm Txog Cov Kev Sib Txuas Lus Ntsig Txog Tus Kab Mob Khaus Viv-19 (COVID-19 Communications Unit) ntawm tus xov tooj 1-971-673-2411, 711 TTY los sis COVID19.LanguageAccess@dhs.oha.state.or.us.

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