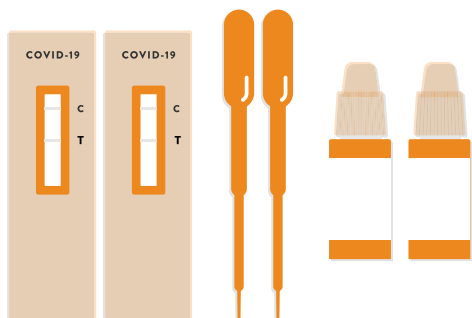




Cov lus txhais siv rau daim ntawv qhia txog qhov khoom siv rau kev sim kuaj mob ntawm tsev txog rau Tus Kab Mob Khaus Viv-19 (COVID-19).

# Khoom siv rau kev sim kuaj mob ntawm tsev txog rau Tus Kab Mob Khaus Viv-19 (COVID-19)



Txhua qhov khoom siv rau kev sim kuaj mob txog Tus Kab Mob Khaus Viv-19 (COVID-19) muaj ob cov khoom siv rau kev sim kuaj mob ntsig txog hom roj ntsha tiv thaiv lub cev sai uas yuav qhia rau koj paub txog cov lus qhia paub uas tau los ntawm kev sim kuaj mob nyob rau hauv 15 feeb (nas this).

## Leej twg thiaj li muaj peev xwm siv tau qhov khoom siv rau kev sim kuaj mob nod?



Txhua tus neeg uas muaj hnuv nyoog 2 xyoos thiab laus dua ntawd yeej muaj peev xwm siv tau cov khoom siv rau kev sim kuaj mob nod tib si. Cov neeg laus yuav tsum tau ua qhov kev sim kuaj mob no rau cov me nyuam yaus uas hnuv nyoog qis dua 15 xyoos.

Tsis txhob siv qhov khoom siv rau kev sim kuaj mob nod rau cov me nyuam yaus uas hnuv nyoog qis dua 2 xyoos.

## Kuv yuav tsum tau ua qhov kev sim kuaj mob nod rau thaum twg?



Kuv muaj cov tsos mob zoo thoog li Tus Kab Mob Khaus Viv-19 (COVID-19) – kub taub hau, hnoos, txog siav, mob cov leeg nqaij, mob taub hau, tsis hnov qab los/tsis hnov ntshiab zoo, mob qa, los ntswg, txhaws ntswg.



Sim kuaj mob nyob rau hauv 7 hnuv txij li hnuv uas hnov zoo li muaj mob. Yog hais tias qhov kev sim kuaj mob xub thawj pom tau tias tsis muaj mob thiab cov tsos mob tsis mob huam loj tuaj, rov qab ua qhov kev sim kuaj mob nod ib zaug ntxiv tom qab 1–2 hnuv.



Kuv tau raug tau rau ib tus neeg twg uas mob Tus Kab Mob Khaus Viv-19 (COVID-19) lawm — Kuv tau nyob sib ze tsis dhau 6 fij (feet) ntawm ib tus neeg twg uas mob Tus Kab Mob Khaus Viv-19 (COVID-19) ntev yam tsawg li 15 feeb (nas this) lawm.

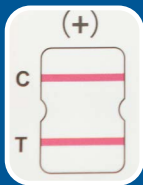


Sim kuaj mob nyob rau 5 hnuv tom qab qhov kev raug tau kab mob.

## Kuv qhov kev sim kuaj mob tag sij hawm rau thaum twg?

Lub Chaw Tswj Xyuas Khoom Noj thiab Tshuaj (Food and Drug Administration, FDA) tau pom zoo muab cov kev tauj sij hawm ntxiv rau qhov hnuv tag sij hawm (kas nuv) siv tau rau cov khoom siv fab kev kho mob rau Kev Sim Kuaj Mob Sai Txog Lub Zog Tiv Thaiv Tus Kheej Uas Sim Tau Sai ntawm iHealth. Koj muaj peev xwm kuaj xyuas txog daim ntawv teev npe ntawm ntau cov zeeg sij hawm tauj ntxiv tau thiab mus saib cov hnuv tag sij hawm tshiab tau los ntawm kev mus saib tau rau ntawm <https://www.fda.gov/media/164551/download>.

## Kuv yuav ua li cas yog hais tias kuv mus sim kuaj pom tias muaj mob lawm?



Ib qho kev sim kuaj mob pom tias muaj mob lawm yuav phiaj yeeg rau pom txog ib txoj kab ua tus C thiab ib txoj kab ua tus T. Thov nco ntsoov hais tias tej zaum txoj kab ua tus T kuj yuav ua rau tsaus muag.

Koj yuav tsum nyob twj ywm hauv tsev thiab nyob kom sib nrug deb ntawm lwm cov neeg, muaj xam nrog rau koj tsev, kom ntev yam tsawg li tsib hnuv. Yog hais tias koj muaj cov tsos mob, koj yuav tsum tau caiv nyob ib leeg kom txog ntua rau thaum muaj 24 teev (xuab moos) tom qab koj cov tsos mob ntawd ploj mus tag lawm yam tsis tau siv kev pab txog ntawm kev siv tshuaj.

Txhawm rau kev pab, mus rau ntawm [Oregon.gov/positivecovidtest](https://www.oregon.gov/positivecovidtest). Los sis hu rau **866-917-8881**, hnuv M-F thaum 8 teev sawv ntxov txog 6 teev tsaus ntuj thiab hnuv Saturday, 10 teev sawv ntxov txog 4 teev tsaus ntuj.

## Kuv yuav ua li cas yog hais tias kuv mus sim kuaj pom tias tsis muaj mob?



Ib qhov kawg uas pom tias tsis muaj tus kab mob yuav phiaj yeeg rau pom txog ib txoj kab ua tus C nkaus xwb.

Xyaum ua tus cwj pwm kev nyab xeeb txuas ntxiv mus xws li kev rau ib daim ntaub npog qhov ncauj qhov ntswg, kev ntxuav ob txhais tes kom huv si, thiab kev nyob kom sib nrug deb ntawm lwm tus. Yog hais tias cov tsos mob tsis huam loj tuaj, ces caiv nyob ib leeg txuas ntxiv mus thiab sim kuaj mob dua ib zaug ntxiv nyob rau hauv 1-2 hnuv.



## Kuv puas yuav tsum tau hais tawm qhia txog kuv cov lus qhia paub uas tau los ntawm kev sim kuaj mob nod?

Tsis tas qhia los tau, koj tsis tas yuav tsum tau hais tawm qhia txog koj cov lus qhia paub uas tau los ntawm kev sim kuaj mob nod. Yog hais tias koj xav tau kev pab, mus rau ntawm [Oregon.gov/positivecovidtest](https://www.oregon.gov/positivecovidtest). Los sis hu rau 866-917-8881, hnuv M-F thaum 8 teev sawv ntxov txog 6 teev tsaus ntuj thiab hnuv Saturday, 10 teev sawv ntxov txog 4 teev tsaus ntuj.

## Qhov khoom siv rau kev sim kuaj mob siv tau hauj lwm zoo npaum li cas?

Cov kawg uas pom tias tsis muaj tus kab mob los ntawm kev sim kuaj tsis raug yog ib qho uas yeej keev pom muaj tas li. Ib qho kawg uas pom tias tsis muaj tus kab mob tsis tau txhais hais tias ib tus tib neeg ntawd yeej tsis tau kis tau Tus Kab Mob Khaus Viv-19 (COVID-19) li.

## Kuv yuav muab cov khoom siv rau kev sim kuaj mob no pov tseg tau li cas?

Yuav tsum muab cov khoom siv rau kev sim kuaj mob uas siv tag lawm ntawd coj mus pov tseg rau hauv lub thoob rau khib nyiab (khoom vuab tsuab) uas ib txwm siv tas li ntawd.

**Rau kev paub ntau ntxiv,** <https://govstatus.egov.com/or-oha-covid-19-testing>

**Rau kev paub ntau ntxiv txog iHealth Cov Khoom Siv Rau Kev Sim Kuaj Mob Ntsig Txog Hom Roj Ntsha Tiv Thaiv Lub Cev Sai, mus saib tau rau ntawm** <https://ihealthlabs.com/es/pages/ihealth-covid-19-antigen-rapid-test-details>.

**Kev muaj peev xwm nkag cuag tau rau daim ntaub ntawv:** Rau cov tib neeg uas muaj kev xiam oob qhab los sis cov tib neeg uas hais tau ib hom lus uas tsis yog Lus As Kiv, Lub Oos Kas Saib Xyuas Kev Noj Qab Haus Huv Hauv Xeev Oregon (Oregon Health Authority, OHA) muaj peev xwm muab tau cov lus qhia paub sau ua lwm hom ntaub ntawv xws li muab txhais ua lwm hom lus, muab sau ua tus tsiaj ntawv loj, los sis muab sau ua cov ntawv su uas cov neeg tsis pom kev siv tau. Tiv tauj rau Feem Saib Xyuas Hauj Lwm Txog Cov Kev Sib Txuas Lus Ntsig Txog Tus Kab Mob Khaus Viv-19 (COVID-19 Communications Unit) ntawm tus xov toj 1-971-673-2411, 711 TTY los sis [COVID19.LanguageAccess@dhs.ohio.gov](mailto:COVID19.LanguageAccess@dhs.ohio.gov)