

# COVID-19

## Korona Fayraska Cusub

### JOOG GURIGA, BADBAADI NOLOL

#### SAMEE:

- Guriga joog intii suurtoagal ah (carruurta, sidoo kale).
- Xiro maro wejiga daboolaysa
- Ugu yaraan u jirso dadka kale 6 fuudh haddii ay khasab tahay inaad ka baxdo guriga.
- U aad banaanka kaliya waxyaabaha muhiimka ah (bagaashka, daryeelka caafimaad).

#### HA SAMEYNIN:

- Kulamada kooxyada.
- Isku imaatinka saaxiibada.
- Ha lahaan wakhtiyo ay carruurta soo ciyaaraan.
- Ha aadin safarada aan muhiimka ahayn.