

# Aastaamaha COVID-19

La xiriir dhaqtarkaaga haddii aad qabtid kuwa ka mid ah astaamahaan:



Qandhada



Qarqaryo



Qufaca



Neefta oo yaraato  
ama neefsashada oo  
dhib ah



Daalka



Muruq ama  
jir xanuun



Madaxanuun



Dhandhanka ama  
urta oo kaa lunta



Dhuun xanuun



Ciriiriga ama  
sanka oo diifo



Lalabo ama  
matag



Shuban

**Naga la soco warbixinta ugu dambeyso:**

**Facebook:**

**Websaydka:**

**Taleefonka xarunta soo wicitaanka:**

**I-meelka xarunta wacitaanka:**

**Oregon**  
**Health**  
Authority

OHA 2394C Somali (6/3/2020)

Shakhsiyaadka naafada ah ama shakhsiyaadka ku hadla luuqad aan ka aheyn Ingiriis, OHA waxay ku siin kartaa dukumiintiyada qaabab kale ah sida luqadaha kale, daabacaad ballaadhan, farta indhoolayaasha ama qaab aad adigu doorbidayso. Kala soo xiriir Mavel Morales 1-844-882-7889, 711 TTY ama [OHA.ADAModifications@dhsosha.state.or.us](mailto:OHA.ADAModifications@dhsosha.state.or.us).