

Si buuxda ayaad u tallaalan tahay.* Hadda maxaa xiga?



Maxaad samayn kartaa maaskaro la'aan:

- ✓ Ku booqo dadka kale ee si buuxda isu tallaalay gudaha iyo dibedda goobaha gaarka ah.
- ✓ Ku booqo dadka aan la tallaalin ee ka soo jeeda hal qoys oo halista ugu yar ugu jira cudurka daran ee COVID-19 meelaha gaarka ah.
- ✓ Waxaad ku samayn kartaa waxqabadyo bannaanka adigoon maaskaro xiranayn marka laga reebo meelaha gaarka ah iyo goobaha qaarkood.



Maxaad samayn kartaa markaad xirantahay maaskarada:

- ✓ Booqo dadka aan la tallaalin ee ka badan hal qoys
- ✓ Booqo qof aan la talaalin oo khatar badan ugu jira cudurka daran ama geeri ka timaada COVID -19 ama qof la nool qof khatar sare ugu jira.



Karantiilka

- ✓ Uma baahnid inaad karantiil ahaato, ama inaad guriga joogto 14 maalmood, haddii uu kugu dhaco COVID-19.
- ✓ Uma baahnid inaad karantiil ahaato kadib markaad ku safarto Maraykanka gudahiisa.



Baaritaanka

- ✓ Uma baahnid in lagu baaro haddii aad la xiriirtay qof qaba COVID illaa aad yeelato calaamado ama aad ku nooshahay meel koox ahaaneed.
- ✓ Uma baahnid in lagu baaro kahor ama kadib ku safarka Maraykanka.

*Goorma ayaad si buuxda u tallaalan tahay?

- Laba toddobaad kadib qaadashadaada labaad ee taxanaha labada-qaadasho ah, sida tallaalada Pfizer ama Moderna.
- Laba todobaad kadib tallaalka hal-qaadasho ah sida Johnson & Johnson.