

# Tallaalka COVID-19 iyo Badbaadada: Fahanka Faa'iidooyinka iyo Khataraha



## mRNA faa'iidooyinka Tallaalka

- **Heerka ilaalinta aadka u sareeya** oo ku lid ah COVID-19 iyo cubsitaal dhiga la xidhiidha COVID-19.
- **Tallaal badan waxa uu keeni karaa faafida fayraska oo yaraata**, taas oo ka ilaalin karta abuurida iyo faafida noocyada cusub ee COVID-19.
- **Waxay ka hortagtaa "COVID dheer."**
- **Ka hortagtaa caabuqa COVID-19**, taas oo sababi karta ololka muruqa wadnaha, dhibaatooyinka neerfaha, shaqada sambabka oo yaraata iyo waxyeelada wadnaha ee daran.

## mRNA khataraha Tallaalka

- **Mid aad u dhif ah** oo ah fursada inay kugu dhacdo ololka muruqa wadnaha — ololka muruqa wadnaha.
- **Khatartu waa mida u saraysa labka da'aha 16 ilaa 30.**

**Garoojooyinka labbaad ee tallaalka mRNA ee loo qaato ku lid ahaanshaha xaaladaha ololka muruqa wadnaha**



**133 Malyan garoojooyinka labbaad ee tallaalka mRNA la qaatay**



Keliya 636 xaaladood oo ololka muruqa wadnaha ayaa la soo sheegay garoojada labbaad ee 133 malyuun

## Aad ayay dhif u tahay

in ay qof ku dhacdo ololka muruqa wadnaha ka dib marka lagu tallaalo tallaalka mRNA, laakiin inta badan waxay dhacdaa ka dib garoojada labbaad ee taxanaha ah.

Waa inaad la hadashaa adeeg bixiyahaaga daryeelka caafimaadka haddii aad la kullanto wax astaamaha soo socda ah gudaha saddex ilaa todoba maalmood ka dib tallaalkaaga.

- **Xanuunka xabbadka ama cadaadiska**
- **Neefta oo gaaban**

**OHA waxay barbar taagan yahay cilmi baadhida CDC oo waxay dhiirigelinaysaa dhammaan dadka Oregon si loo tallaalo.**