As an Oregon election worker, you process the ballots that arrive in a sealed envelope through the mail or that voters drop off at an official drop box. The envelopes have a sticky seal that the sender may have licked. Because of COVID-19 concerns, the Oregon Health Authority advises the following:

**Envelopes that have a licked seal and come through the mail are of little threat to election workers.**

- Time has passed since the ballot envelopes were licked, and the envelopes go through many machines with lots of friction, heat and airflow. These factors contribute to the virus’s death, according to the United States Postal Service.

**Wash hands often for at least 20 seconds with soap and water, especially after touching envelopes, other objects or surfaces.**

**Clean and disinfect objects and surfaces you frequently touch.**
Consistently practice social distancing if you are working in a setting with others or have contact with the public.

- Stay at least six feet apart from other election workers and the public whenever possible.
- Each election board will have teams of two that should practice social distancing as much as possible. All groups should distance themselves from other groups by at least six feet.
- Limit nonessential visitors. Do not make physical contact with workers or voters.