



MENU FOR THE WEEK OF _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T							
L U N C H							
D I N N E R							

SNACKS AVAILABLE THIS WEEK INCLUDE: _____

TIPS: Offer nutritious snacks and liquids as meal supplements at least twice daily; indicate when you serve FRESH fruits & vegetables; document substitutions.