

# The impact of SHIBA

## What is SHIBA?

The **Senior Health Insurance Benefits Assistance (SHIBA)** program offers free, objective, and local one-on-one health insurance counseling and assistance to:

- People with Medicare, and
- Their families.

People can make informed decisions about their health insurance with the help of these certified counselors.

## SHIBA counselors and volunteers:

- Provide information about Medicare and what health and prescription drug plans there are.
- Help with Medicare appeals and complaints.
- Educate how to protect, detect and report Medicare fraud, waste and abuse.

In 2021, there were

**877,232**

people in Oregon with Medicare

## County and Medicare population (enrolled)

<b>Baker</b> 5,085	<b>Lake</b> 2,281
<b>Benton</b> 17,250	<b>Lane</b> 89,247
<b>Clackamas</b> 86,325	<b>Lincoln</b> 16,870
<b>Clatsop</b> 10,686	<b>Linn</b> 29,903
<b>Columbia</b> 12,140	<b>Malheur</b> 6,300
<b>Coos</b> 20,537	<b>Marion</b> 65,625
<b>Crook</b> 7,181	<b>Morrow</b> 2,190
<b>Curry</b> 9,339	<b>Multnomah</b> 128,506
<b>Deschutes</b> 45,892	<b>Polk</b> 18,531
<b>Douglas</b> 34,297	<b>Sherman</b> 525
<b>Gilliam</b> 558	<b>Tillamook</b> 8,328
<b>Grant</b> 2,291	<b>Umatilla</b> 14,681
<b>Harney</b> 2,026	<b>Union</b> 6,464
<b>Hood River</b> 4,393	<b>Wallowa</b> 2,495
<b>Jackson</b> 57,627	<b>Wasco</b> 6,444
<b>Jefferson</b> 5,497	<b>Washington</b> 90,820
<b>Josephine</b> 26,863	<b>Wheeler</b> 504
<b>Klamath</b> 17,817	<b>Yamhill</b> 21,714

## What is Medicare?

Medicare is the federal health insurance program for:

- People who are 65 or older
- Certain younger people with disabilities, and
- People with end-stage renal disease.

## The parts of Medicare

- or -

### Original Medicare



**Part A:**  
Hospital coverage



**Part B:**  
Medical coverage

### Medicare Advantage



**Part C:**  
Medicare Advantage

Available with or without prescription coverage (Part D)

You can add either or both below:



**Part D:** Prescription drug coverage



**Medicare supplement coverage (Medigap)**

**Secondary insurance can also include:**

- Retiree benefits (for example PERS)
- COBRA (in some cases)
- Tricare for Life (TFL) or CHAMPVA
- Medicaid
- Indian Health Services (IHS)

## SHIBA by the numbers

**6** state staff

**198** active volunteers

**395** outreach and education events

**12,384** hours volunteered

**16,013** one-on-one counseling sessions

**SHIBA.OREGON.GOV | 800-722-4134**

You can get this document in other languages, large print, braille or a format you prefer.

Contact the Senior Health Insurance Benefits Assistance (SHIBA) program at **800-722-4134** or [shiba.oregon@dhsosha.state.or.us](mailto:shiba.oregon@dhsosha.state.or.us).

We accept all relay calls or you can dial 711.